Assembly Instructions for **Meal Kit Supply** MRE (Meals, Ready to Eat) Premium case of 12 Fresh MREs with Heaters.

The entire MRE can be consumed without cooking or heating. Potable water should be added to the beverages. The entrees and sides can be eaten cold but taste better when heated up with the included Flameless Ration Heater or by boiling in water.

To use the included Flameless Ration Heater:

1. Tear open the bag where indicated.at the top of the bag and add water to the indicated fill line (approximately 60ml or 2 fluid ounces)
2. Lay the heater bag down and immediately place the food pouch width wise on the heater portion of the bag
3. Fold the top portion of the heater bag over the food pouch and tuck the open end of the bag back under the heater section
4. For best results, place a weight on top of the heater bag to increase contact of food pouch to the heater. After 10 minutes the meal is ready to eat - Caution contents will be hot.
5. Used heater is non-toxic and may be discarded as regular household waste.